

Faith in Action August 2016 Volume II

Faith United Methodist Church
 1623 Central Avenue
 Kearney NE 68847-6021
 office@kearneyfaith.org
 (308) 237-2550

MISSION STATEMENT: At Faith United Methodist Church our mission is to worship God, teach the Word, and care for one another in Christian love by nurturing individuals in their spiritual journey.



- 8/02 Mike Duester
- 8/03 Natalie Hamaker
- 8/05 Syllas Gavierez
- 8/05 Zane Holoubeck
- 8/05 James Jennings
- 8/06 Stan Grube
- 8/06 Jenny Hanson
- 8/07 Isabella Lester
- 8/08 Jordan Gilbertson
- 8/14 Henry Brisbin Jr.
- 8/14 Calvin Mak
- 8/14 Rachel Woollen
- 8/15 Leigh Spellman
- 8/17 Deb Jesch
- 8/17 Jan Pollat
- 8/17 Sharon Rouse
- 8/17 Maicie Stubbs
- 8/18 Judy Holoubeck
- 8/18 Roger Wisch
- 8/19 Jacob Brown
- 8/21 Kaelani McBride
- 8/21 Dakota Tagel
- 8/22 Connor Henderson
- 8/23 Eileen Anderson
- 8/24 Grace Lester
- 8/24 Hunter Webster
- 8/27 Darlene Cerny
- 8/27 Brenna Duester
- 8/27 Holden Duester
- 8/27 Ian Perry
- 8/28 Landon Johnson
- 8/28 Sue Lamkin
- 8/31 Joshua Garrelts
- 8/31 Roma Grube
- 8/31 Sara Holoubeck



THANK YOU to the Memorial Team, who allocated funds for the purchase of twenty new pew hymnals — ten each of **The Faith We Sing** and **Worship & Song**.

Yay . . . no more fighting over hymnals for those of us who like to see the notes in addition to the words!

Thank you, Memorial.



From Phyllis Kantaras:

Thanks to Jacque Triplett for the card!
 And thank you for pray-ers! My vision is not good yet, but I'm hangin' in there!! Will know more after doctor appointment on August 16.



Appreciate prayers!

Faith Mission for August and September

Because fruits and vegetables are an important part of our diet, please bring . . .

Canned Fruit or Vegetables (any kind)

Items will be distributed to various Kearney agencies.



Eating fruits and vegetables has many health benefits. People who eat a healthy, balanced diet with plenty of fruits and vegetables can help lower their risk for heart disease, type 2 diabetes, and some types of cancer. Eating healthy can also help prevent obesity and high blood pressure.

(<http://www.fruitsandveggiesmorematters.org/>)

- 8/03 Dan & Richelle Schriener
- 8/04 Steve & Suzann Christensen
- 8/05 Roger & Vicki Wisch
- 8/06 Patrick & Kathy Garrelts
- 8/06 Megan & Thomas Herman
- 8/14 Otto & Elma Lohrenz
- 8/19 Larry & Judy Johnson
- 8/28 Jason & Linda Clark
- 8/31 Peter & Mary Rishel



Happy Anniversary!



Sunday School classes for all ages will begin **September 11** and CCF (for ages kindergarten through fifth grade) will start the following Wednesday, September 14 at 3:30 p.m.

As soon as school is in session, I will be mailing information about Sunday School and CCF. Watch for mail from Faith United Methodist Church!

Confirmation class will be offered this year to seventh and eighth graders. Potential confirmands should watch for a letter in the mail which has important information. **If you are interested in attending Confirmation class and do not receive a letter**, please contact the church office (308) 237-2550 or office@kearneyfaith.org.

United Methodist Youth Fellowship (UMYF) for grades 7-12 will begin sometime in September. More information will be mailed to families in early September. Watch for details in the September 1, 2016 newsletter!

Lauryn Gustafson
Director of Christian Education
kids@kearneyfaith.org

Prayer for College Students and Campus Ministries (taken from www.GreatPlainsUMC.org/CampusMinistries)

“O God, Guide the students in our Great Plains with your passion, vision and hope. Connect them with others and give them purpose. Send forth campus ministers, student leaders, churches and communities to proclaim your grace in a real and powerful way so that lives can be transformed and, by following You, they can transform the world. In Jesus’s name, Amen.”



↔
**Bricks on
Accessibility
Addition**



↔
**What's Left of
Central
Avenue**



Kathy Larson, Faith Parish Nurse, shared that a case of West Nile Virus has been diagnosed in central Nebraska. Here is West Nile information taken from www.healthline.com:

What Is West Nile Virus?

A mosquito bite can turn into something much more severe if you are infected with West Nile virus. Mosquitoes transmit this virus after they bite an infected bird and then bite a person. While not all people with infected mosquito bites will get the disease, it can be a very severe occurrence for those with weakened immune systems and the elderly. If it is diagnosed and treated quickly, the outlook for West Nile virus recovery is good, according to the National Institutes of Health.

What Are the Symptoms of West Nile Virus?

West Nile virus symptoms vary in severity. Severe symptoms occur in one out of 150 infected people, according to the Centers for Disease Control and Prevention (CDC). Examples of severe symptoms include:

- ◆ fever
- ◆ confusion
- ◆ convulsions
- ◆ muscle weakness
- ◆ vision loss
- ◆ numbness
- ◆ paralysis
- ◆ comatose state



Mild forms of West Nile virus cause flu-like symptoms and may be confused with the flu. Mild symptoms include:

- ◆ fever
- ◆ headache
- ◆ body aches
- ◆ nausea
- ◆ vomiting
- ◆ swollen lymph glands
- ◆ rash on your chest, stomach, and/or back

Mild West Nile virus does not typically last as long as the severe form, which can last for several weeks. The severe form can cause permanent brain damage in rare cases. An estimated 80 percent of people who have infected mosquito bites will not experience any symptoms at all. If you have West Nile virus, you will typically show the first virus symptoms within three to 14 days of being bitten, according to the CDC.

What Causes West Nile Virus?

Infected mosquitoes typically spread West Nile virus. The mosquito first bites an infected bird and then bites a human or other animal. In rare, isolated incidents, blood transfusions, organ transplants, breastfeeding, or pregnancy can transfer the virus and spread the illness. West Nile virus is not, however, spread by kissing or touching another person.

How Is West Nile Virus Diagnosed?

In most instances, physicians can diagnose West Nile virus by analyzing a blood sample. A simple blood test can determine whether you have genetic material or antibodies associated with West Nile virus in your blood.

If your symptoms are severe and brain-related, your physician may order a lumbar puncture. Also known as a spinal tap, this test involves inserting a needle into your spine to extract fluid. If the fluid has an elevated white blood cell count, indicating an infection, West Nile could be the cause. Imaging scans, such as an MRI, also can help to detect inflammation and brain swelling.

How Is West Nile Virus Treated?

Because a virus causes the condition, West Nile virus does not have a medical cure. However, you can take an over-the-counter pain reliever, such as ibuprofen or aspirin, to relieve muscle aches and headaches that can accompany West Nile virus.

If you experience severe symptoms, such as brain swelling, your physician may give you intravenous fluids and medications to minimize potential infections.

How Can West Nile Virus Be Prevented?

Because every mosquito bite increases your risk of infection, take steps to prevent West Nile virus each time you are outdoors. This includes keeping your skin covered as much as possible by wearing long-sleeve shirts, pants, and socks. Wearing an insect repellent, such as Off!, can also help.

Mosquitoes are attracted to standing water. By eliminating any standing water around your home, you can reduce your bite risk. Your home's windows and doors should also have screens to keep mosquitoes from entering your home.

Mosquito bites are most common in late August to early September, according to the National Institutes of Health. As the weather cools, your risk is reduced because mosquitoes do not survive in very cold temperatures.

A vaccine is available to protect horses against the West Nile virus. However, a vaccine for people does not currently exist.

SIX LITTLE STORIES

1. Once all villagers decided to pray for rain. On the day of prayer all the people gathered, but only one boy came with an umbrella. That's **FAITH**.
2. When you throw babies in the air, they laugh because they know you will catch them. That's **TRUST**.
3. Every night we go to bed without any assurance of being alive the next morning, but still we set our alarms to wake up. That's **HOPE**.
4. We plan big things for tomorrow in spite of zero knowledge of the future. That's **CONFIDENCE**.
5. We see the world suffering, but still we get married and have children. That's **LOVE**.
6. On an old man's shirt was written a sentence: "I am not 80 years old, I am Sweet 16 with 64 years of experience." That's **ATTITUDE**.

Have a happy day and live your life like the six stories. (When I was a child, I thought nap time was punishment. Now it's like a mini-vacation.)

(Author Unknown)



PAINTING A CANVAS

Indeed, ministry is a canvas God prepares for us to use our creativity in reaching out to one another. Too often we look for formulas, statistics and processes to help us "do" ministry. When in fact it is to our creative side we must turn to supply the methods to all the glorious colors, senses and perceptions brought to church by God's children. It probably won't be precise or exact, but hopefully it is God-approved.

We are so alike and yet so different, one way is not enough to "do" ministry. While Jesus is the Way, the Truth and the Light, the many paths to Jesus are only confounded by our inability to conceive of them.

Glory to God, who is able to do far beyond all that we could ask or imagine by his power at work within us; glory to him in the church and in Christ Jesus for all generations, forever and always. Amen.

Ephesians 3:20-21 (CEB)

For whatever reasons God has decided to work with us in doing ministry. We are his hands and feet, yet too often we are also his fences and moats. We can limit what God can accomplish through us by our approach to others. Our sight is too narrow and too precise sometimes. It needs instead to be expansive, creative and filled with possibilities. It is in the possibilities that entire power structures, like poverty and racism, can be brought down.

If only we can conceive of it, "paint" it in our minds and believe it will be fulfilled, then God waits for us to join the work that has already begun. Let us not turn away from it.

(<http://umcdevelopmentcenter.org/news/painting-a-canvas>)

A Note From Suzann:

The church office received a phone call from Eureka Springs, Arkansas, asking if I would print the website for The Great Passion Play hosted there. It is performed each weekend (and some Tuesdays) from May through the end of October, and is "America's #1 Attended Outdoor Drama" according to the Institute of Outdoor Theater and Drama of East Carolina University at Greenville.

Headed to Branson? Eureka Springs is only an hour away.

www.greatpassionplay.org



Things Your Church Should Know During An Election Year

(Eric Spacey, www.GuideOneConnections.com)

The 2016 Presidential Election is in full swing with just under four months until Election Day on November 8, 2016. These months leading up to the election are crucial for campaigning and many organizations are asked to get involved. However, churches must be careful of the activities they participate in to avoid trouble.

Under the law, churches are prohibited from participating in political campaigns on behalf of or in opposition of any candidate for a public office. If a church does not abide by this limitation, it may impact their Internal Revenue Services (IRS) tax-exempt status.

To assist in preventing issues from arising around these limitations, churches should refrain from engaging in the following activities:

- ◆ Donating money to a political campaign fund.
- ◆ Fundraising on behalf of a candidate.
- ◆ Providing a public statement in favor of, or in opposition to a candidate in a church publication or at a church function.
- ◆ Endorsing candidates.
- ◆ Campaign activities by employees within the context of their employment.
- ◆ Creating a newspaper ad to encourage voters to vote for or against a certain candidate.

Although churches are not allowed to engage in certain events pertaining to an election or political campaign, there are still many ways to get involved with the election. Activities that a church may participate in during an election year include:

- ◆ Providing a forum for candidates to address the church.
- ◆ Inviting candidates to address the congregation – before each speech, the church should inform the congregation that the views expressed by the candidate are not the views of the churches and that the church does not endorse any candidate.
- ◆ Providing voter guides that are fair and impartial. Note that guides containing questions that display bias are not allowed.
- ◆ Distributing a list of voting records of major legislative issues from all members of Congress.
- ◆ Holding voter registration drives – the church must remain neutral.
- ◆ The minister and other church employees may make public comments regarding the election, as long as they are not made at the church facility or in a church publication. The comments must include a statement that the comments are strictly personal and do not represent the church.

For more information on the limitations surrounding churches involvement during an election, please visit the IRS website (<https://www.irs.gov/uac/charities-churches-and-politics>).

FUN FACTS

Gentoo penguins propose to their life mates with a pebble.

Hedgehogs are illegal in Maine, Arizona, California, Georgia, Pennsylvania, Hawaii, and New York City.

A group of zebras is called a 'zeal'.

Honey is the only food that does not spoil. Honey found in the tombs of Egyptian pharaohs has been tasted by archaeologists and found edible.

Money notes are not made from paper, they are mostly from a special blend of cotton and linen.

The White House held its first 4th of July party in 1801.

Months that begin on a Sunday will always have a "Friday the 13th".





Loaves and Fishes

Parker Palmer tells the story of coming home from a speech in Saskatoon on a 6 a.m. Air Canada flight to his home to Wisconsin. Their departure was delayed because the truck that brings coffee to the planes had broken down. After a while the pilot said, *"We're going to take off without the coffee. We want to get you to Detroit on time."*

Palmer was up front where all the "road warriors" sit — a surly tribe, especially at that early hour. They began griping, loudly and at length, about "incompetence", "lousy service", etc.

Once they got into the air, Palmer said that the lead flight attendant addressed them and said, *"Good morning! We're flying to Minneapolis today at an altitude of 30 feet..."* That, of course, evoked more scorn from the road warriors.

Then she said, *"Now that I have your attention... I know you're upset about the coffee. Well, get over it! Start sharing stuff with your seatmates. That bag of five peanuts you got on your last flight and put in your pocket? Tear it open and pass them around! Got gum or mints? Share them! You can't read all the sections of your paper at once. Offer them to each other! Show off the pictures of kids and grandkids you have in your wallets!"*

As she continued talking, Palmer stated that people began laughing and doing what she had told them to do. A surly scene turned into summer camp!

An hour later, as the attendant passed by his seat, he signaled to her and said, *"What you did was really amazing."* "Thanks," she said. Then she leaned down and whispered, *"The loaves and fishes are not dead."*

(Parker Palmer; <http://www.onbeing.org/blog/parker-palmer-loaves-and-fishes-are-not-dead/8574>)

Do miracles happen? All the time! So make a miracle happen. Speak a good word to someone today!

God above and in our hearts, hear our prayer! We are in need of miracles. You have supplied all our needs and wants and help us to share the abundance you have given to us. You have chosen to work with us and let us not shirk our responsibilities in working with others. Amen.

(<http://umcdevelopmentcenter.org/news/loaves-and-fishes>)



Doorway to ADA-Compliant Restroom



Doorway to Secretary's Office



Mark Your Calendars!

United Campus Ministry will be hosting two exciting fundraisers this fall. Check out our website: ucmunk.org and/or Facebook page: United Campus Ministry at UNK for more information.



UNITED CAMPUS MINISTRY (UCM)

at the University of Nebraska Kearney (UNK)

GOLF SCRAMBLE



SUNDAY-SEPTEMBER 11th: Tee Time 1 p.m. UCM will be hosting our FIRST ANNUAL GOLF SCRAMBLE at Prairie Hills Golf Club. We invite all you "Golfers" to register for FOUR-PERSON TEAMS. There will be exciting Flight and Flag prizes. Teams may also purchase Team Mulligans. Attached is our UCM Golf Scramble Poster for teams to register and advertize the event in your church, bulletins, and newsletters.



UNITED CAMPUS MINISTRY (UCM)

at the University of Nebraska Kearney (UNK)

DINNER THEATER



SUNDAY-OCTOBER 2ND: 5:30-7 p.m. – UCM will be hosting a DINNER THEATER at First United Methodist Church Kearney. UCM will be serving a wonderful meal and entertaining you with faith meaning skits. More information will be coming soon for ticket sales and prices on our website.

UCM is looking forward to the upcoming school year for the opportunity to connect with your students and be part of their faith journey while they are at UNK.

United Campus Ministry
Pastor Laura Stubblefield
308 627-6225 laura@ucmunk.org
Website: www.ucmunk.org
Facebook: United Campus Ministry at UNK

United Campus Ministry is sponsored by: Kansas and Nebraska United Methodist Churches, Nebraska Churches of the Presbyterian (USA), Disciples of Christ, and United Church of Christ



AUGUST 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 9:30 Women's Bible Fellowship 4:30 W.W. 5:30 Trustees 6:00 Finance	3 12:15 W.W. 6:00 Praise Team	4 5:45 W.W.	5	6 8:30 W.W.
7 8:45 Worship 10:00 Sunday School 11:00 Worship	8 5:30 Christian Ed	9 9:30 Women's Bible Fellowship 4:30 W.W.	10 12:15 W.W. 6:00 Praise Team	11 5:45 W.W.	12	13 8:30 W.W.
14 8:45 Worship 10:00 Sunday School 11:00 Worship 3:00 Mark and Pam Fisher in Concert	15 6:30 Ad Council	16 9:30 Women's Bible Fellowship 4:30 W.W.	17 12:15 W.W. 6:00 Praise Team	18 5:45 W.W. 7:00 PFLAG	19	20 8:30 W.W.
21 8:45 Worship 10:00 Sunday School 11:00 Worship	22	23 9:30 Women's Bible Fellowship 4:30 W.W.	24 12:15 W.W. 6:00 Praise Team	25 5:45 W.W.	26	27 8:30 W.W.
28 8:45 Worship 10:00 Sunday School 11:00 Worship	29 6:30 SPRC	30 9:30 Women's Bible Fellowship 4:30 W.W.	31 12:15 W.W. 6:00 Praise Team			